

A top-down view of several silver spoons filled with various types of dried tea leaves and herbs, scattered on a white marble surface. The ingredients include yellow chamomile-like flowers, dark brown tea leaves, green tea leaves, and purple flowers. The text 'Golden Garden Vietnamese Tea' is overlaid on the right side of the image.

Golden  
Garden   
Vietnamese Tea

# Summer 2020 Catalog





## *Summer 2020 Catalog*

This is a Summer 2020 Catalog of fine tea produced and manufactured by Golden Garden. Green tea is the most popular type of tea among Vietnamese people. We offer a variety of floral scented green tea. Our ingredients are all natural and organic. The flowers and herbs we picked are from our finest and most natural garden. Our process of making the tea is all about preserving the aroma of the tea and maintaining the nutrients these herbs and flowers contain. We offer great deals with adequate savings.



### **Contact Us**

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# Refined and Exquisite

A gentle taste of fresh brewed tea. We offer a great deal that comes in a fine green packaging.



Credit: Image by Crepressuzette from Pixabay

## Trá Xanh / Green Tea

Price: \$4.99 (\$0.33 / Count)  
Ingredients: Green Tea

## — Trá Xanh / Green Tea —

Green tea is made from a plant species called *Camellia sinensis*. The processing for green tea is using the leaves and buds of the *Camellia sinensis* plant and then is heated by either pan firing or steaming. Then, the leaves are dried to prevent excessive oxidation from occurring. Our Vietnamese green tea is minimally-processed in order to preserve the tea's aroma and health antioxidants. Green tea has proven to show many health benefits such as improving blood flow and lowering cholesterol.



## *Delicate and Aromatic*

A floral taste of Vietnam's most beautiful flowers. We offer a beautiful packaging with a deep pink color.



Credit: Photograph by Badagnani, distributed under a CC-BY 3.0 license. Image has been cropped out.

### Trà Hoa Sen / Lotus Tea

Price: \$4.99 (\$0.33 / Count)  
Ingredients: Green Tea, Lotus

### —Trá Hoa Sen / Lotus Tea—

Lotus is a national flower for both Vietnam and India. The flower symbolizes beauty, purity, fortune. Our Vietnamese lotus tea is a green tea that is infused with lotus flowers, and it enhances a natural aroma and taste that can be described as naturally sweet. The processing of this type of tea is allowing the green tea to absorb the flower's scent, and can be done in several ways. One way is putting the green tea leaves in a flower and leaving it overnight. Another way is, pulling the stamen or anthers of the flower and putting them in a jar along with the tea leaves to be left overnight. Or, by using those parts of the flower, it could be baked with the tea leaves. The benefits in a lotus flower is that it contains chemicals that may reduce swelling, kill cancer cells and bacteria, reduce blood sugar to name a few.



# Perfectly Elegant

We offer a subtle taste sweetness in our tea. Our elegant packaging comes with a nice royal blue color.



Credit: Image by zwei chen from Pixabay

## Trá Hoa Nhài / Jasmine Tea

Price: \$4.99 (\$0.33 / Count)  
Ingredients: Green Tea, Jasmine

## — Trá Hoa Nhài / Jasmine Tea —

Our Vietnamese jasmine tea is a green tea scented with jasmine tea. The two species that jasmine flowers are commonly used to flavor jasmine tea are: Common Jasmine (*Jasminum officinale*) or Sampaguita (*Jasminum sambac*). The tea is subtly sweet and highly fragrance. There are two main ways to process this type of tea. One way is the tea and flowers being placed in alternating layers, or the tea is being blended with the flowers and is stored overnight. Jasmine tea contains many health benefits as it contains various antioxidants that may lower your risk of heart disease and certain cancers.



Credit: Photograph by Badagnani, distributed under a CC-BY 3.0 license. Image has been cropped out.

**Trà Hoa Atisô / Artichoke Tea**

Price: \$4.99 (\$0.33 / Count)  
Ingredients: Green Tea, Artichoke

*Rich Flavors*

This is a traditional and earthy flavored tea. We offer a great deal that comes with a deep purple colored packaging.

— Trà Hoa Atisô / Artichoke Tea —

Artichoke is a plant that can be used to make a traditional tea. Our Vietnamese artichoke tea is a green tea that is made from the artichoke's flower, leaf, and stem. The taste is a smooth sweet flavor with an earthy flavor. The artichoke undergoes a drying and fermentation process to make the tea. Artichoke is loaded with nutrients as they are low in fat and rich in fiber, vitamins, minerals, and antioxidants. It contains several health benefits such as promoting liver functioning, detoxing the body, and optimizing digestive processes.



# Light and Refreshing

With an infusion of florals in our tea, it brings a refreshing taste. Our packaging comes with a rich dark brown color.



Credit: Image by chan liting from Pixabay

## **Trà Hoa Cúc / Chrysanthemum Tea**

Price: \$4.99 (\$0.33 / Count)

Ingredients: Green Tea,  
Chrysanthemum

## — Trà Hoa Cúc / Chrysanthemum Tea —

Our Vietnamese chrysanthemum tea is a green tea with an infusion of chrysanthemum flowers. The two species that chrysanthemum flowers are commonly used to flavor the tea are: Chrysanthemum morifolium or Chrysanthemum indicum. The tea is made from the dried chrysanthemum flowers and steeped in hot water. It has a light and refreshing taste. The benefits of Chrysanthemum flowers is that they can be used to treat chest pain, high blood pressure, type 2 diabetes, fever, cold, to name a few.



### Các Loại Trà / Assorted Teas

Price: \$49.99 (\$0.59 / Count)  
Ingredients: Green Tea, Lotus,  
Jasmine, Artichoke, Chrysanthemum

## Wholesome Fragrance

Get our special offer with our bundle packaging. We offer a variety types of tea and in more quantities.

### — Các Loại Trà / Assorted Teas —

Our bundle package contained our finest and high quality of teas including: Green Tea, Lotus Tea, Jasmine Tea, Artichoke, and Chrysanthemum Tea. These flavors are made from fresh and all natural ingredients hand picked from the gardens of Vietnam. The floral-scented tea is infused with the green tea and carries a subtle sweet fragrance and taste. Tea contains various antioxidants. It can help reduce heart attack and stroke, may boost your immune system, and soothes your digestive system.





